



Embracing a Life of Prayer

Encountering God Everyday of Your Life

Written by Cynthia G. Boyer

Living a Rich & Plentiful Life Through
Prayer.

Embracing a Life of **Prayer**

A Heart of **Prayer**

A Mind of **Prayer**

A Spirit of **Prayer**

A Soul of **Prayer**

Embracing a Life of Prayer

Scripture

My voice shalt thou hear in the morning, O Lord; in the morning will I direct my prayer unto thee, and will look up. **Psalm 5:3**

Praying should be an essential part of your life. I believe it is paramount that you start your day with **prayer**, praising, worshipping and lifting up the name of God giving Him thanks in all things. It is also my belief that before retiring for the night, you end your day in **prayer** reflecting on God's goodness and all the blessings He placed in your path that day. **Prayer** focuses your heart and mind on Jesus

Prayer provides the key to questions that only God can answer and what's so special and sweet about **praying** is that it is so easy. You can go to God in **prayer** and be your true authentic self. You don't need to memorize or speak any fancy words when you **pray**, but what you do need is a sincere and open heart when you speak to God and an ear to listen attentively when He speaks back to you. God is waiting to hear from you and you can be sure that whatever is laying or resting on your heart; you can pour it all out to God and He will answer your **prayer**. **Prayer** has the ability to change your heart and mind; it will sweeten your spirit and place you on a whole new path in life. A life of **prayer** creates a life of blessings. Change your life through **prayer** today. By going to God in **prayer** you will be growing in a right relationship with Him, building a sound foundation for your future. When you enter into a life of sincere **prayer**, you will grow closer to God and encounter an intimate, personal and close relationship with Him, thus becoming more like Jesus Christ and being conformed in His image.

You may be familiar with the saying, "God will speak to your heart". Through **prayer**, not only will God speak to your heart, but God has the power to plant seeds to grow you in whatever area of your life that needs to be cultivated and this can be done through daily **praying**. Through daily **prayer** God will reveal His plan and purpose for His glory and your life. He will tell you things no one else knows and it will in turn truly bless your life. God will do an awesome work in you. One moment and step at a time, God will show you His will for your life; trust and obey Him as you seek His face and as you go to Him **in prayer**.

Scripture

I will bless the Lord who has counseled me; Indeed, my mind instructs me in the night. I have set the Lord continually before me; Because He is at my right hand, I will not be shaken. **Psalm 16: 7-8**

A Heart of Prayer

Dear God,

I love You, Father **God**, from the depths of my heart. I bless You, I thank You, I praise and reverence You, Heavenly Father. You are the reason I have my being and the reason I breathe. I pour out my heart to You, my Most High **God**, giving You glory, honor and adoration. I love You, Father **God**, and I love everything about You.

♥**Your** loving character.

♥**Your** loving ways.

♥**Your** Sovereignty.

♥**Your** infinite wisdom.

♥**Your** Holiness.

Thank You Father **God** for opening my heart and for planting loving seeds for Your glory. Please use me Father to accomplish Your will in me and through me. I live my life for You, Heavenly Father.

It is essential to speak to **God** each and every day to let Him know how truly and deeply grateful you are for His love that blankets your life with warmth and with a real sense of security knowing He lives inside you. When you go to **God** in sincere prayer, He is awaiting with an attentive ear to hear your petitions. **God** loves you so much that He wants only the very best for you and is waiting for you to lay down your burdens at His feet and to rest all of your concerns in Him; He wants you to release your doubts, fears, worries, struggles and all the stress that may be plaguing you today.

It is important for you to recognize and always remember that **God** does/will answer your prayers. He may answer your prayer(s) with a yes giving you your heart's desire. He may answer with no to protect you from what only He can see saving you from possibly heartache or heartbreak and He may answer with wait as He continues to prepare you for an ***open the windows of Heaven blessing*** and you can rest assured knowing that whatever **God's** answer is to your petition, it is best for your life. Remember to thank **God** throughout your days everyday regardless of how He answers your requests because **God** is in control of your life and He knows what's best for you.

Because **God's** blessings are innumerable we have created a journal to organize all your prayers and thoughts and **God's** answers to your petitions. Your journal should serve as a reminder of just how amazingly awesome **God** really is and how much He cares for and loves you.

A Mind of Prayer

Dear Heavenly Father,

I thank You for the beat of my heart and for opening my eyes to allow me to see another glorious new day of life; to bask in Your never ending glory once again and to walk amongst Your awe-inspiring majesty. I thank You for giving me a healthy mind and as I am reminded of Your faithfulness and sweet thoughtfulness I will forever remain grateful to You, Heavenly Father.

My mind constantly reflects on:

- ♥Your loving kindnesses
- ♥Your compassion
- ♥Your mercy
- ♥Your faithfulness
- ♥Your goodness
- ♥Your majesty
- ♥Your strength
- ♥Your dominion and power

A Spirit of Prayer

Dear Father God,

Your **Holy Spirit** lives inside me and I thank You. When I am preparing to complete my daily list of Things to do for You and then for me (and my business) and those I love Father, there are times when I forget what it is I am supposed to do even though I have written down my tasks for the day. Your sweet, wonderful and awesome **Holy Spirit** reminds me, through His grace and mercy, of the things my mind forgets. The **Holy Spirit**, my Divine Aid, guides and instructs and tells me things no man could possibly know and I thank You, Father God. It is through, by and in Your **Holy Spirit** who indwells me that I have true peace knowing that:

♥He helps me to: _____

♥He comforts me when: _____

♥He enables me to: _____

♥He encourages me when: _____

♥He guides me to: _____

♥He directs me when: _____

♥He leads me when: _____

♥He empowers me to: _____

♥He instructs me when: _____

A Soul of Prayer

Dear Father God,

You are an awesome God and an amazing Father and I thank You for being all around me; I see You everywhere Lord thy God and I thank You for:

♥	Being Omniscient (all knowing)	♥	Your plan and purpose for me.
♥	Omnipotent (all-powerful)	♥	Your will for my life
♥	Omnipresent (God is everywhere)	♥	Your revelation
♥	Your greatness	♥	My joy
♥	Your infinite wisdom	♥	My peace
♥	Your wise counsel	♥	Motivating me
♥	Your glory	♥	My happiness
♥	Your power	♥	My wealth, (spiritual and financial)
♥	Your strength	♥	Your blessings upon my life
♥	Your faithfulness	♥	Loving me
♥	Your unconditional love	♥	Keeping me
♥	Your wise counsel	♥	Helping me
♥	Your glory	♥	Blessing me
♥	Your power	♥	Teaching me
♥	Your strength	♥	Guiding me
♥	Your faithfulness	♥	My fruits
♥	Your unconditional love	♥	My prosperity
♥	Your forgiveness	♥	My abundance

Father, I thank You for my life's vision that has been birthed from Your infinite wisdom, Your enduring love, Your grace and mercy.

A Life of Prayer

Dear God,

I bless You and I ask that You please bless and keep safe:

Family:

Please pray for all your family members; mother, father, children, husband, cousins, grandparents, close friends, acquaintances, family, co-workers and yes, even your enemies (if you have any).

Please pray for our present **President** (President Barack Obama) of the United States of America.

(President's Name) _____ (his family), Vice President, (his family) and all their staff and thank God for building a fence and hedge of protection all around the White House to protect our President, his family, his staff, the airplane on which he travels, the pilot and all those in authority in other countries.

Pray for the homeless, the hungry, the hurting, the sick, the weary, the lost, children everywhere, schools, pray for God's guidance, hope, forgiveness, understanding, to mend your heart or someone you love, change your heart, to have compassion for others, health, healing, direction, encouragement, motivation, to be empowered, to grow in a right relationship with God.

Praying for others will bring peace, contentment and joy into your own life.

Write your prayer thoughts here:

A Life of Prayer

Dear God,

I thank You for Your great and wonderful Provision of
Your Bountiful Blessings:

♥	Your abiding love	♥	Peace & understanding
♥	Your Word to nourish my spirit	♥	Hope
♥	My excellent health	♥	Encouragement & joy
♥	Warmth and shelter	♥	Protection
♥	Food to nourish my body	♥	Your grand plan for my life
♥	Water	♥	My amazing gifts
♥	The sun	♥	My talents
♥	Great wisdom	♥	My skills
♥	Amazing knowledge	♥	My abilities
♥	Happiness	♥	My spiritual wealth
♥	Peace	♥	My financial prosperity

Father, I thank You for my house and
for my heart and family that make it a loving home.

A treasure trove of love, You given to me, I thank You, Father, for Your amazing grace and tender mercy. I thank You for my vision(s) plain and crystal clear and for the tools to achieve my goals to my heart so dear.

Write the gifts, goals, visions and dreams God has placed and spoken into your heart here:



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In the dark hours of the early morn
Before the day begins to dawn
A heartfelt prayer is quietly born.

Birtherd from the trust deep in my soul
Prayers of gratitude slowly unfold
Giving thanks to the Father
For His mercy and grace,
Dominion and power.

Prayer is my relationship
I share with my Savior
Always attentive,
His love I treasure.

Thank You, Father,
For receiving my prayer
And for giving me Your best
Always showing Your love and care.

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Written & Owned by

Cynthia G. Boyer

Cynthia is a writer who is moved and deeply touched by Scripture which inspires her to write amazing and powerful short stories and poems that she loves to share with the hearts of women around the world.

Mrs. Boyer is married to Bill, her darling husband she adores. She has four amazing children; a 30-year-old daughter who is recently married, happily. A 28-year-old son that works in finance; a 22-year-old daughter who owns an event planning company and Cynthia's 17 year-old son who towers over Cynthia and loves the game of basketball.

Cynthia's ultimate mission, a vision from God, is to touch, warm and transform the lives of women of all ages through the gospel and prayer. Cynthia created this prayer journal to help remind women that they can live a rich and plentiful life in Jesus Christ.

To God be the Glory yesterday, today, forever and always.

God bless you.

Cynthia G. Boyer, Christian Life Coach

**I will praise thee, O Lord, with my whole heart;
I will show forth all thy marvelous works.
I will be glad and rejoice in thee:
I will sing praise to thy name, O thou most High.**

Psalm 9: 1-2

Embracing a Life of Prayer

Embracing a Life of Prayer was written and designed by Cynthia G. Boyer. Cynthia wrote this e-book because she understands the importance of building and sharing a close-knit relationship with the Lord thy God and Cynthia knows that this can be accomplished through prayer.

Cynthia felt the need to pen into words how prayer can change one's life that can truly lead to a successful, rich and plentiful life in Jesus Christ.

It is Cynthia's most sincerest prayer that this e-book will touch deep inside the spirit and soul of all who read this e-book.

May God keep you all covered in His blanket of love,
His word, His grace and mercy.

Cynthia G. Boyer

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